

Event Report:

International Survivors Of Suicide Loss Day – 19th November 2022

Preface:

Santosh Deemed to be university (Ghaziabad) organised "International Survivors of Suicide Loss Day" on 19th November 2022 at Department of Psychiatry on Saturday at 10:00 AM – 11:00 AM.

On International Survivors of Suicide Loss Day, those who have experienced suicide loss come together to share their stories in an effort to connect, understand, and find hope.

International Survivors of Suicide Loss Day was established in 1999 thanks to a resolution filed to the US Senate by Senator Harry Reid, who lost his father to suicide. The day, also known as Survivor Day, was set aside by the US Congress as a time for those who have been affected by suicide to get together for solace and support. Given that the holidays are frequently a tough time for suicide, it was decided that Survivor Day would always fall on the Saturday before the American Thanksgiving.

Suicide has a significant effect.

Serious emotional, physical, and financial effects result from suicide and suicide attempts. Suicide attempt survivors may sustain severe wounds that could have a long-term negative impact on their health. Additionally, they could struggle with depression and other mental health issues. The good news is that a majority of those who attempt suicide and survive never actually do so.

Friends, family, coworkers, and the community as a whole are affected by suicide and suicide attempts in terms of their health and wellbeing. When someone commits suicide, their surviving loved ones and friends may feel shocked, angry, guilty, depressive or anxious symptoms, or even suicidal thoughts.

Collaboration:

Name and Designation of Speakers:

- 1. Dr. A.K. Seth (Prof. & HOD Psychiatry)
- 2. Dr. Rani Shrivastava (Prof & Head Psychology)

- 3. Dr. Brijesh Saran (Assist Prof Psychiatry)
- 4. Dr. Parul Gairola (Assist Prof Clinical Psychology)
- 5. Dr. Anoop Peter (Assist Prof Clinical Psychology)

Attended by students pursuing following courses from BOT, BPT, BOT Interns, MBBS, MBBS Interns, Psychiatry Junior Resident students at Santosh Deemed to be University.

Execution:

- 1. PPT presentation about the suicide identification and prevention
- 2. one hour Lecture was taken with audio visual display.
- 3. Quiz was organised about the topic strategies to prevent suicide.
- 4. Google Drive web link provided for the details of event for academic purpose and continued learning.



